

# Break On Me

**Count:** 32     **Wall:** 2

**Level:** Improver

**Choreographer:** Gaye Teather (UK) Nov. 2015

**Music:** Break on Me by Keith Urban (87 bpm)

**Intro:** 32 count

**[1-8]: Prissy walks forward x 2. Right side rock & cross. Quarter turn Right x 2. Cross rock & side**

1 – 2     Step Right foot forward and slightly across Left. Step Left foot forward and slightly across Right  
3&4     Rock Right to Right side. Recover onto Left. Cross Right over Left  
5 – 6     Quarter turn Right stepping back on Left. Quarter turn Right stepping Right to Right side (Facing 6 o'clock)  
7&8     Cross rock Left over Right. Recover onto Right. Step Left to Left side

**[9-16]: Lunge/Press. Recover. Sailor half turn Right with cross. Sway Left. Sway Right. Behind-side-step**

1 – 2     Angling body to face Left diagonal lunge forward on Right pressing weight onto ball of Right and bending both knees slightly. Recover onto Left  
3&4     Quarter turn Right sweeping Right foot around and stepping back on Right. Quarter turn Right stepping Left to Left side. Cross Right over Left (Facing 12 o'clock)  
5 – 6     Step Left to Left side swaying hips Left. Recover onto Right swaying hips Right  
7&8     Cross Left behind Right. Step Right to Right side. Step forward on Left

**\*\*Restart\*\*** from beginning at this point during walls 3 and 6 (You will be facing front both times)

**[17-24]: Step. Hitch/kick. Back lock step. Sweep back. Sweep back. Back rock. Step**

1&2     Step forward on Right. Hitch Left knee and kick Left foot forward (low kick)  
3&4     Step back on Left. Cross Right over Left. Step back on Left  
5 – 6     Sweep and step back on Right. Sweep and step back on Left  
7&8     Rock back on Right. Recover onto Left. Long step forward on right

**[25-32]: Lunge forward. Recover. Shuffle half turn Left. Full turn Left (travelling forward). Syncopated Rocking chair**

1 – 2     Step forward on Left leaning forward and bending both knees slightly. Recover onto Right  
3&4     Shuffle half turn Left stepping Left. Right Left  
5 – 6     1/2 turn Left stepping back on Right. Half turn Left stepping forward on Left (Facing 6 o'clock)  
7&8&     Rock forward on Right. Recover onto Left. Rock back on Right. Recover onto Left

**Start again**