

# Lay Low

**Count:** 32     **Wall:** 4

**Level:** Improver

**Choreographer:** Darren Bailey – Aug 2015

**Music:** Lay Low (Josh Turner)

**Intro:** 32 counts

**[1-8]: Side Rock R, Cross Shuffle, 1/4 R x2, Cross Shuffle.**

1-2                    Rock Rf to R side, Recover onto Lf  
3&4                    Cross Rf over Lf, Step Lf to L side, Cross Rf over Lf  
5-6                    Make a 1/4 turn R and step back on Lf, Make a 1/4 turn R and step Rf to R side  
7&8                    Cross Lf over Rf, Step Rf to R side, Cross Lf over Rf

**[9-16]: Step R, Touch L, Kick Ball Cross, Side Rock L, Sailor 1/2 L turn with Cross.**

1-2                    Step Rf to R side, Touch Lf next to Rf  
3&4                    Kick Lf forward (to L diagonal), Step Lf next to Rf, Cross Rf over Lf  
5-6                    Rock Lf to L side, Recover onto Rf  
7&8                    Cross Lf behind Rf making a 1/4 turn L, Step Rf next to Lf, Make a 1/4 turn L and cross Lf over Rf

*(Restart here on wall 4)*

**[17-24]: Step R, Lock L, Chasse 1/4 turn R, Pivot 1/2 turn R, 1/2 turning Shuffle R.**

1-2                    Step Rf to R side, Lock Lf behind Rf (popping R knee forward)  
3&4                    Step Rf to R side, Close Lf next to Rf, make a 1/4 turn R and step forward on RF  
5-6                    Step forward on Lf, Make a 1/2 pivot turn R  
7&8                    Make a 1/4 turn R and step Lf to L side, Close Rf next to Lf, Make a 1/4 turn R and step back on Lf

**[25-32]: Back x2 with Knee pops, R Coaster Step, Cross Rock L, Scissor step L**

1-2                    Step back on Rf popping L knee forward, Step back on Lf popping R knee forward  
3&4                    Step back on Rf, close Lf next to Rf, Step forward on Rf  
5-6                    Cross Rock Lf over Rf, Recover onto Rf  
7&8                    Step Lf to L side, Close Rf next to Lf, Cross Lf over Rf

**Tag** - Before starting wall 10.

1-4                    Click fingers on R hand x4 slowly bringing R hand down to the side.