

Strip It Down

Count: 32 **Wall:** 4

Level: Intermediate NC2S

Choreographer: Rachael McEnaney-White (UK/USA) Oct. 2015

Music: "Strip It Down" – Luke Bryan. Approx 4.01 mins

Intro: 16 counts from start of track, dance begins on vocals.

[1 – 8] Right nightclub basic, Left nightclub basic, ¼ turn Right into serpiente

- 1 2& Step R to right side (1), close L slightly behind R (2), cross R over L (&), 12.00
- 3 4& Step L to left side (3), close R slightly behind L (4), cross L over R (&) 12.00
- 5 6& Make ¼ turn right stepping forward R as you sweep L (5), cross L over R (6), step R to right side (&), 3.00
- 7 8& Cross L behind R as you sweep R (7), cross R behind L (8), step L to left side (&) 3.00

[9 – 16] Right cross rock, Right side rock, Right behind, Left side, Right cross, Left side rock with ¼ turn Right, Left rocking chair, ¾ turn Right

- 1&2& Cross rock R over L (1), recover weight L (&), rock R to right side (2), recover weight L (&) 3.00
- 3&4 Cross R behind L (3), step L to left side (&), cross R over L (4) 3.00
- 5&6& Rock L to left side (5), make ¼ turn right as you recover weight R (&), rock forward L (6), recover weight R (&), 6.00
- 7&8& Rock back L (7), recover weight R (&), make ½ turn right stepping back L (8), make ¼ turn right stepping R to right side (&) 3.00

[17 – 24] Left cross, Right side rock, Right cross with Left sweep, Left cross, Right side, half diamond fall away, Left cross, ¼ turn Left

- 12&3 Cross L over R (1), rock R to right side (2), recover weight L (&), cross R over L as you sweep L (3) 3.00
- 4&5 Cross L over R (4), step R to right side (&), make 1/8 turn left stepping back L (5) 1.30
- 6&7 Step back R (6), make 1/8 turn left stepping L to left side (&), make 1/8 turn left stepping forward R (7) 10.30
- 8& Cross L over R (squaring up to 9.00) (8), make ¼ turn left stepping back R (&), 6.00

[25 – 32] ¼ turn Left into 'single-single-double Left', Right side, Left touch, Left side, Right touch, rolling vine Right, Left cross

- 1&2& Make ¼ turn left stepping L to left side (1), touch R next to L (&), step R to right side (slightly forward) (2), touch L next to R (&) 3.00
- 3&4 Step L to left side (slightly forward) (3), step R next to L (&), step L to left side (slightly forward) (4) 3.00
- 5&6& Step R to right side (slightly forward) (5), touch L next to R (&), step L to left side (slightly forward) (6), touch R next to L (&) 3.00
- 7&8& Make ¼ turn right stepping forward R (7), make ½ turn right stepping back L (&), make ¼ turn right stepping R to right side (8), cross L over R (&) 3.00

Styling: Counts 1 – 6& should have a 'groove' to it, sway into each step using hips, it moves very slightly forward.

START AGAIN HAPPY DANCING

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