

Mad Cow

Description: 48 Count Wall: 4 Intermediate

Choreographer: Charles Bowring

Music: Mad Cowboy Disease, by John Michael Montgomery



SCUFF, BACK, COASTER STEP, STEP ¼ LEFT, TRAVELLING APPLEJACK LEFT

- 1-2 Scuff right forward, step right back
- 3&4 Left coaster step
- 5-6 Step right forward, pivot ¼ turn left
- 6 Keeping right toe and left heel in place move left toe and right heel to the left,
- & Keeping left toe and right heel in place move right toe and left heel to the left,
- 8 keeping right toe and left heel in place move left toe and right heel to the left

RIGHT CROSS & SIDE, LEFT BEHIND & SIDE, STEP RIGHT ACROSS, ½ TURN RIGHT, RIGHT SHUFFLE FORWARD

- 9&10 Step right across left, recover on to left, step right to side
- 11&12 Step left behind right, recover on to right, step left to side
- 13-14 Step right across left, ½ turn right stepping on left
- 15&16 Right shuffle fwd

LEFT SIDE TOUCH X2, &, RIGHT SIDE TOUCH X2, ¼ RIGHT, HOLD, HIPS

- 17-18 Touch left to side X2
- & Step left in place
- 19-20 Touch right to side X2
- & Step right in place
- 21-22 Step Back on left making ¼ turn right, hold
- 23&24 Push hips fwd, back, fwd, (Weight on left)

RIGHT SHUFFLE FORWARD, LEFT CROSS ¾ RIGHT HEEL SPLITS TRAVELLING BACK, VAUDAVILLE STEP

- 25&26 Right shuffle fwd
- 27-28 Cross left over right, unwind ¾ turn right
- &29&30 Heel splits, close heels sliding right heel behind left, heel splits, close heels sliding left behind right
- &31&32 Step diagonally back on right, touch left heel fwd, step left in place, step right across left

SCUFF, TOUCH, TWIST, ¼ LEFT, CROSS FULL TURN, LEFT SHUFFLE FWD

- 33-34 Scuff left fwd, touch left to side
- 35-36 Twist left knee in, twist left knee out turning ¼ left
- 37-38 Cross right over left, unwind full turn left (Weight on right)
- 39&40

RIGHT BACK, DRAG LEFT, LEFT COASTER, RIGHT STEP ¼ LEFT, CHASSE LEFT

- 41-42 Step right back, slide left to right
- 43&44 Left coaster
- 45-46 Right step fwd, ¼ left (weight on right)
- 47&48 Chasse left

Start over